



Clackmannanshire  
Women's Aid

**Are you a woman experiencing abuse**



**Violence**



**Financial Control**



**Threats**



**Isolation**



**Rape**



**Manipulation**

**from your partner or ex partner?**



# Clackmannanshire Women's Aid

## What is Women's Aid?

We are a registered charity providing information, support and safe refuge accommodation to abused women and their children.

## Confidentiality

Any approach made to Women's Aid is confidential. We would only contact other agencies on your behalf, if you agreed, except where it was deemed a Child Protection matter.

## Who is an abused woman?

Any woman can be abused. She may be your mother, daughter, sister, friend, client, neighbour...**YOU!**

## What is abuse?

Abuse is any form of ill treatment - it may be emotional, sexual, physical or a combination of all three.

## Are many women abused?

1 in 5 women at some stage in their lives will have experienced Domestic Abuse. Each year, Clackmannanshire Women's Aid have over 1,400 calls from women seeking information, support and refuge accommodation.

## Where to find us

Our office is often the first point of contact for a woman. You can either contact us in person or by telephone to discuss your situation in total confidence. We will give you information on issues relevant to your circumstances. We will NOT give you advice or tell you what to do. You are free to make your own decisions.

## Support

You do not have to leave your partner, you may not feel ready to do this. We will continue to support you, if required. You can come along to talk to a Women's Aid worker as often as you wish. Workers know that having someone who will listen to you is beneficial.

## Refuge (safe, temporary accommodation)

If you require temporary accommodation, we can provide refuge for yourself and your children. This accommodation can either be local or through referral to one of the other Women's Aid groups throughout Scotland. The choice is yours. If you choose to stay in a refuge, our refuge based support workers will give you all the help you need to settle into refuge life. They will assist with appointments to housing, solicitors, registering with doctors, etc. Most importantly they will offer a listening ear. Whatever you decide, Women's Aid workers will give you the help and support you require. We offer a resettlement/follow-on support service to women rehoused in the Clackmannanshire area if required

## Children/Young People

Clackmannanshire Women's Aid provide support for your children while they stay in the refuge. The children's support workers will assist children to adapt to their stay in refuge. Through consultation with mums and children, they organise one-to-one sessions, group work, outings and various arts and crafts, etc. They will assist with enrolling children into the local schools, nurseries and family centres. Most importantly they will listen to the children if they wish to talk about their experiences. Children and young people will be offered a resettlement/follow-on service if they are rehoused in the Clackmannanshire area

## Outreach

We offer Outreach Support to women in the Community in a variety of ways - one to one support for women in a place and at a time suitable to them or through group work. We have two children and young persons'

outreach workers working within the three local secondary schools and in the primary schools. Their names are Aimee and Angie and you can contact Aimee on 07971 708515 and Angie on 07792 532167. The workers support children and young people who are living or have lived with Domestic Abuse, whose mothers have not accessed Women's Aid.

## Social Group

We run a fortnightly social group to allow women who have contact with us to get together and chat over tea or coffee. Jointly, we organise a programme of events that are of interest.

## Awareness Raising

We offer to give talks/training to various groups and agencies to highlight the effects of domestic abuse. We work in partnership with other agencies in developing an effective and co-ordinated service to women and their children, who have suffered or are suffering from their partner or ex-partner.



# Come along when you want to talk ...

no appointment necessary

... or call 01259 721407

Scan with your smartphone



We are based at:

Greenfield Lodge, Parkway, Alloa FK10 2AS.

Telephone: 01259 721407

E-mail: [clackswomensaid@gmail.com](mailto:clackswomensaid@gmail.com)

[www.clackswomensaid.org.uk](http://www.clackswomensaid.org.uk)



[www.facebook.com/Clackmannanshire Women's Aid](https://www.facebook.com/Clackmannanshire%20Women's%20Aid)



[Twitter@clackswomensaid](https://twitter.com/Twitter@clackswomensaid)

Office hours: Monday to Friday 9.30am - 4.00pm



Clackmannanshire  
Council